

Abstract

This study is to explore the stress level made on the Nurses at the Hospitals. The Nurses have to go through stress in the Hospitals especially at Sindh, there are so many problems regarding in this profession. Nurses' faces many troubles in every situation, the main cause of these problems are less incentives, lack of training, sexual harassment cases in hospitals, and these all things pave a way in a huge shortage of Nurses at hospitals.

The main aim of my study is to examine the stress in nursing field and the comparative analysis shows the most factors that either public sector nurses face more stress or private sectors. It shows different problems in public sector for Nurses and in Public sector.

This study would help in counseling for the status of Nurses, in our country such counseling must be made for screening and recruiting of Nurses also for their safety at general hospitals, the mostly patients are suffered by serious diseases and are diagnosed by Doctors and the nurses have to look after them but due to lack of awareness the Nurses get these disease by pricking or by caring of the Patient and pave a way to their death. The Pakistan nursing council also organizes the workshops for the awareness of new technology and cope the daily distressful situation but these workshop are not providing required work level at Sindh province, many Nurses in the public sector hospital say that they have no idea to deal with serious case patients. These all situations and internal stress level create dissatisfaction in jobs and in last all the nurses are very dissatisfied from their job and also disrespected from the people theses all situations causes the dissatisfaction and increase the stress in job.